

Phone: 250-455-2522

## Stein Valley Nlakapamux School

December 7, 2023

Dear SVNS families and community members,

As we continue to navigate the ever-evolving landscape of technology, it is essential for us to join hands in ensuring the online safety of our students. The internet offers incredible opportunities for learning and connection, but it also poses potential risks that we must address collectively.

Here are a few key points to consider and steps we can take together:

- 1. **Open Communication:** Encourage your children to openly communicate with you about their online experiences. Make sure they feel comfortable discussing any concerns or questions they may have. Create an environment where they feel supported rather than judged.
- 2. **Educate on Privacy:** Remind your children about the importance of privacy online. Teach them to be cautious about sharing personal information, including their full name, address, school details, and contact information. Reinforce the idea that not everyone online may have good intentions.
- 3. **Online Etiquette and Respect:** Emphasize the significance of treating others online with respect and kindness. Discuss the impact of cyberbullying and the importance of reporting any inappropriate behavior. Encourage empathy and understanding in their virtual interactions.
- 4. **Establish Ground Rules:** Set clear guidelines for screen time and online activities. Establish rules about the websites they can visit, the types of content they can access, and the duration of their online sessions. Make sure they understand the reasons behind these rules.
- 5. **Monitor Online Activity:** Regularly check in on your child's online activity. This doesn't mean invading their privacy but rather staying informed about the platforms they use and the content they engage with. Familiarize yourself with privacy settings and parental controls.

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- 6. Cybersecurity Awareness: Teach your children about the importance of strong, unique passwords and the risks of clicking on suspicious links or downloading files from unknown sources. Help them understand the basics of cybersecurity and the potential consequences of unsafe online behavior.
- 7. **Stay Informed:** Keep yourself informed about the latest online trends, apps, and games popular among children. This knowledge will enable you to engage in meaningful conversations with your child and guide them through potential challenges.

Remember, our collaboration is vital in creating a safe and supportive online environment for our students. If you have any questions or concerns, please don't hesitate to reach out. Additionally, resources and information can be found on our website, at:

## https://www.svns.ca/online-safety.html

Let's work together to empower our children with the knowledge and skills they need to navigate the digital world responsibly.

Thank you for your continued partnership,

Merle Hubbard Principal Stein Valley Nlakapamux School

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